



Packet Pick-Up: Friday, September 10, 2021, 12pm-7pm - runners and walkers go to ALIVE (800 W. Lawrence Ave., Charlotte) to collect their race day swag bag which includes race bib, complimentary race shirt (*pre-registered runners guaranteed requested size*) and more! This is the last opportunity for race registration. No day-of registration will be processed this year. Additional shirts will be available for purchase. Packets unclaimed will be available on race day.

Check-in: Runners and walkers go to the ambulance garage on Oliver Street (between Harris and Hall Streets). Packet pick-up for those who did not get their bags on Friday, September 10 will be held between 8 a.m. and 9:30 a.m.

Course: The 5K run and free family-friendly walk begin on Oliver Street, and then follow the Frontier Days parade route through the heart of downtown Charlotte. It is fast, flat and USATF-certified. Race begins by shotgun start at 9:30 a.m. and course closes at 10:25 a.m. for the annual Frontier Days parade.

Results and refreshments are located at the race/walk finish line. Results will also be posted at Facebook.com/experienceALIVE as well as the Playmakers website following the event.

REGISTRATION: Participants **MUST** pre-register as there will be no day-of registration available. (Select one option)

- _____ **5K Run:** \$18 on or before Aug. 27, \$20 on or before Sept. 10
- _____ **Family Run*:** \$43 on or before Aug. 27, \$48 on or before Sept. 10
- _____ **Family Walk*:** FREE (*Does not include a shirt*)

**A family consists of parents or legal guardians and their dependents. Each participant must complete a separate registration form. Send all forms and payments together.*

Name: _____ Age on race day: _____ Birth date: _____
 Address: _____ City: _____ State: _____ ZIP: _____
 Phone: _____ Email: _____
 Shirt size** (circle one): YL S M L XL XXL Gender: M F Student athlete? Y N

***The free family walk does not include a shirt. Shirts may be purchased in advance for \$5. Please include a check with this registration to pre-order shirts.*

Make checks payable to ALIVE and mail to:

ALIVE, 800 W. Lawrence, Charlotte, MI 48813,
 ATTN: live life. Nspired.

For more information or to register online, visit, www.livelifespined.org

Waiver: In consideration of your accepting my entry, I, intending to be legally bound, do hereby of myself, my administrators and executors, waive and release forever any and all claims against the "live life. Nspired. 5K Run/Family Walk" and any and all sponsors, officials and organizers of this race, their successors, representatives and assignees for any and all damages and injuries suffered by me while attending and or participating in the "live life.Nspired. 5K Run/Family Walk." I permit Sparrow Eaton Hospital to use any photography, which includes me, for promotion of the event.

Signature: _____ Date: _____

Signature of parent/guardian (if participant is under the age of 18): _____
 _____ Date: _____